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[**What We've Learned from a Year of Vaccine Shedding Data**](https://substack.com/app-link/post?publication_id=748806&post_id=154372114&utm_source=post-email-title&utm_campaign=email-post-title&isFreemail=false&r=doii8&token=eyJ1c2VyX2lkIjoyMjk3ODczNiwicG9zdF9pZCI6MTU0MzcyMTE0LCJpYXQiOjE3MzczNDMxMzgsImV4cCI6MTczOTkzNTEzOCwiaXNzIjoicHViLTc0ODgwNiIsInN1YiI6InBvc3QtcmVhY3Rpb24ifQ.UE9hZhsPXkDRS4EA-wrfoyEv-jT-gbsGL-0sbTYrelY)Numerous data sources now corroborate that the COVID vaccines shed in a consistent and replicable manner

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**Story at a Glance:****•After the COVID-19 vaccines hit the market, stories began emerging of unvaccinated individuals becoming ill after being in proximity to recently vaccinated individuals. This confused many, as the mRNA technology in theory should not be able to “shed.”•After seeing countless patient cases which can only be explained by COVID vaccine shedding, a year ago, I initiated multiple widely seen calls for individuals to share suspected shedding experiences.**•**From those 1,500 reports, clear and replicable patterns have emerged which collectively prove “shedding” is a real and predictable phenomenon that can be explained by known mechanisms unique to the mRNA technology.****•Likewise, after being blocked from publication for over a year, recently, a scientific study corroborating the shedding phenomenon was finally published.****•This article will map out everything that is known about shedding (e.g., what are the common symptoms, how does it happen, who does it affect, does it occur through sexual contact, can it cause severe issues like cancer) along with strategies for preventing it.**When doctors in this movement speak at events about vaccines, by far the most common question they receive is, “Is vaccine shedding real?”This is understandable as COVID-19 vaccine shedding (becoming ill from vaccinated individuals) represents the one way the unvaccinated are also at risk from the vaccines and hence still need to be directly concerned about them.Simultaneously, **it’s a challenging topic** as:•We believe it is critical to not publicly espouse divisive ideas (e.g., “PureBloods” vs. those who were vaccinated) that prevent the public from coming together and helping everyone. [But] The vaccines were marketed on the basis of division (e.g., by encouraging immense discrimination against the unvaccinated), and many unvaccinated individuals thus understandably hold a lot of resentment for how the vaccinated treated them. We do not want to perpetuate anything similar (e.g., discrimination in the other direction).•We don’t want to create any more unnecessary fear—which is an inevitable consequence of opening up a conversation about shedding.•In theory, shedding with the mRNA vaccines should be “impossible,” so claiming otherwise puts one on very shaky ground.**Conversely,** if shedding is real, we believe it is critical to expose as:•Those being affected by it are in a horrible situation, **particularly if everyone is [gaslighting](https://substack.com/redirect/5518120e-b119-4343-910c-b0eac554944a?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg" \t "_blank) them about it and insisting it’s all in their head.**•It provides one of the strongest arguments to pull the mRNA vaccines from the market and prohibit the widespread deployment of mRNA technologies in the future.For those reasons, [Pierre Kory](https://substack.com/redirect/8af1105b-b2bf-4221-96df-3f0894667271?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg) and I have spent the last year and a half trying to collect as much evidence as possible to map out this phenomenon with the following data sets:•Dozens of extremely compelling patient histories[1](https://substack.com/redirect/9b29d13b-d3f0-460e-afc6-5f9027b804ea?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg),[2](https://substack.com/redirect/9b29d13b-d3f0-460e-afc6-5f9027b804ea?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg),[3](https://substack.com/redirect/c3bcdd60-2b7d-4996-ba4b-bfef7888f863?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg) from [Kory and Marsland’s medical practice,](https://substack.com/redirect/c873b01c-ab87-4ae8-8782-e7ca2aec7492?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg) including many responding to spike protein treatment.•My own experience with patients and friends affected by shedding.• I read large numbers of reports of shedding in (now deleted) online support groups.•Roughly 1,500 reports from individuals affected by shedding we were able to collect.•Extensive menstrual data compiled by [MyCycleStory](https://substack.com/redirect/28a15def-cb2c-44e6-8597-ea399e402acb?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg" \t "_blank).From that and the hundreds of hours of work that went into it (particularly reviewing and sorting the 1,500 reports), we can state the following with relative certainty:1. Shedding is very real (e.g., each of those datasets is congruent with the others), and many of the stories of those affected by it are very sad.2. People’s sensitivity to it ***dramatically*** varies.3. Most of the people who are sensitive to shedding have already figured it out.4. Mechanistically, shedding is very difficult to explain. However, now that new evidence has emerged, a much stronger case can be made for the **mechanisms** I initially proposed a year ago.*Note: if you have a shedding experience you would like to share (or wish to read through them), please do so*[*here*](https://substack.com/redirect/d5c72c8e-d254-4227-b0b5-6fc27acb0547?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)*, where they are compiled.*The Forgotten Side of Medicine is a reader-supported publication. To receive new posts and support my work, please consider becoming a free or paid subscriber. To find out how others have benefitted from this newsletter, click [here](https://substack.com/redirect/8e4a6fdc-c3be-4020-8591-1bded41bda5e?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)![**Subscribed**](https://substack.com/redirect/2/eyJlIjoiaHR0cHM6Ly93d3cubWlkd2VzdGVybmRvY3Rvci5jb20vYWNjb3VudCIsInAiOjE1NDM3MjExNCwicyI6NzQ4ODA2LCJmIjpmYWxzZSwidSI6MjI5Nzg3MzYsImlhdCI6MTczNzM0MzEzOCwiZXhwIjoxNzM5OTM1MTM4LCJpc3MiOiJwdWItMCIsInN1YiI6ImxpbmstcmVkaXJlY3QifQ.SyWsiEiEo4C-7mwVydACrUea4iWPofw4Pp-DdOteLgs)**Shedding Overview:**By far, the most common symptom of shedding is unusual and disrupted menstrual bleeding (which is also the most common COVID vaccine injury). This in turn, was the first thing that alerted me to the inconceivable possibility the vaccines could shed, as I quickly received many similar reports of highly unusual menstrual bleeding, which appeared to be due to exposure to someone who was vaccinated.After this, the most common symptoms were headaches, flu-like illnesses, nosebleeds, fatigue, rashes, tinnitus, sinus or nasal issues, and shingles. Other less frequent symptoms are also repeatedly seen (e.g., palpitations, herpes outbreaks, and hair loss).Additionally, many noticed they could immediately tell when they were in the vicinity of a shedder, typically either due to noticing a unique odor or symptoms immediately onsetting.Generally speaking, the character of shedding symptoms were quite similar to long COVID and vaccine injuries, but typically were more superficial in nature, suggesting the body was reacting to a harmful external pathogenic factor rather than one already deep inside the body. More severe issues (e.g., cancers or heart attacks) also occurred, but these were much rarer than what you saw in the vaccine injured population, again suggesting shedding was primarily an external reaction. Interestingly, most of the (fairly varied) shedding symptoms overlap with the conditions [DMSO treats](https://substack.com/redirect/4e326845-7ac8-4958-a506-3e790433113c?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg) (e.g., [strokes](https://substack.com/redirect/f64aba62-98dc-49b5-b6e4-1ee566677c38?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)), suggesting that [DMSO’s key mechanisms of action](https://substack.com/redirect/f64aba62-98dc-49b5-b6e4-1ee566677c38?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg) (e.g., increasing blood flow, eliminating large and small blood clots, being highly anti-inflammatory, and rescuing cells from [the cell danger response](https://substack.com/redirect/05c31263-3066-425e-bbe3-fe2014990f2f?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)) are the exact opposite of what shedding does to the body.*Note: in the following sections, each superscript citation links to individual reports I’ve received about the phenomenon. I provided these citations to show how frequent many of these effects were, so that those who’d experienced them could see many others had too, and so that anyone who wants to research this has access to the primary data. The only shedding symptom I avoided comprehensively citing was abnormal menstruation, as so many reports were received, it was not feasible to compile all of them.***Shedding Patterns**In the same manner that there is a fairly high replicability in the symptoms individuals who are affected by shedding experience, there is also a fairly high congruency in the patterns of how they are affected. Specifically:1. Some individuals are hypersensitive to shedders and can immediately detect when they are in the presence of a shedder or are on their way to developing harmful symptoms.2. Others are less sensitive, but quickly notice specific characteristic symptoms consistently occur following shedding exposures (e.g., always feeling ill when a vaccinated husband returns from a long trip away, when going to church each week, when singing with their choir, or when taking a crowded route to work).In some cases, they are able to identify a “super shedder” (amongst a group) who consistently made them ill, and in many cases they can identify the exact shedding incident that made them ill. Likewise, through tracking serial spike protein antibody levels (e.g., for patients undergoing treatment for long Covid or a vaccine injury) we’ve objectively corroborated that shedding exposures repeatedly worsen these patients (providing an explanation for why their symptoms “inexplicably” [ebb and flow](https://substack.com/redirect/bf59201c-d78c-4032-b2ef-bc0c12d6ea63?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)), that this can be seen objectively in their lab work and that spike protein treatments after shedding exposures clinically improve these patients.*Note:*[*Pierre Kory’s practice*](https://substack.com/redirect/1f514f8b-c827-4ec2-b25b-9bfa6ee65ae7?j=eyJ1IjoiZG9paTgifQ.91g_34VRuzI_MLkPmRIGM0gm4tNgR1dQS7br89dPnSg)*has been able to determine that those they suspect are a shedder (e.g., a husband) test positive (through an antibody test) for a high spike protein levels and that eliminating the shedder from the patient’s life or treating the (asymptomatic) shedder with a vaccine injury protocol frequently significantly improves their patient’s recovery. Likewise, readers here have reported significant improvements from avoiding shedders—which sadly in some cases has required the more sensitive individuals to isolate themselves from society.*3. In the majority of cases, the effects of shedding are temporary and go away, but in a subset of people, they can last for months if not years.4. Recognition of the shedding phenomenon has forced many to significantly change their lives. This included regretfully terminating a long-term romantic relationship, leaving their line of work (e.g., some massage therapists can no longer handle working on vaccinated clients), or only seeing unvaccinated healthcare providers (e.g., numerous people reported getting ill from vaccinated chiropractors or massage therapists, and we now periodically will have patients state they can only see us if we are unvaccinated).5. The “stronger” the shedding exposure, the more likely shedding is to cause issues, but conversely, for more sensitive patients, “weaker” exposures also will. More substantial exposures include being around someone who was recently vaccinated or boosted (as shedding is strongest initially), being around more shedders, being in a confined space (e.g., a car) with a shedder for a prolonged period, or having close physical contact with a shedder.*Note: given all of this, I thought flying on airlines would be a significant issue, but I have only received two reports from readers where this was the case.*6. There appear to be some unexplained symptoms otherwise healthy patients now experience that are tied to shedding. However, it’s still often very challenging to tease out when shedding is the culprit due to how many variables are involved and the ambiguity of the subject (which is part of why so much detail has gone into this post so each of you can figure out if you are being affected by shedding).**Susceptibility to Shedding**In general, there are three categories of people who are susceptible to shedding (and in many cases these categories overlap).The first are the sensitive patients (e.g., those who frequently react to chemicals or get injured by pharmaceuticals). For example, near the start of the vaccine rollout (before I was aware that shedding was an issue), I saw this video and genuinely wondered if it was real as many of its claims were quite extraordinary but at the same time, were somewhat in line with what a highly sensitive patient (of whom I know many) would describe. |  |

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